

DO I NEED A SOCIAL SECURITY NUMBER TO APPLY?

Yes, you must have or apply for a Social Security number to be eligible for SNAP.

CAN I GET SNAP BENEFITS IF I'M WORKING?

Yes, as long as your income does not exceed certain limits. If you are not working, you may have additional eligibility requirements surrounding work.

WHAT IF I AM DENIED SNAP BENEFITS?

You will receive notification with an explanation of the denial. You can contact your local office for more information. If you wish to appeal the decision, you can request a fair hearing.

HOW TO APPLY

Online

www.colorado.gov/peak



Paper applications are available outside the front doors of the Department of Human Services. Completed applications may be submitted in the following ways:

In Person

510 29 ½ Road
Grand Junction, CO 81504

By Mail

PO Box 20,000
Grand Junction, CO 81502

By Fax

970-248-2849

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)



USDA

**Supplemental
Nutrition
Assistance
Program**

Putting Healthy Food
Within Reach



**Mesa County Department
of Human Services**

Our Community — Our Priority

WHAT IS SNAP?

SNAP helps lower-income households buy the food they need to maintain good health. In Colorado, SNAP is also called Food Assistance. SNAP benefits are not intended to meet all of a household's food needs, rather it is a supplement to help households with their grocery costs.

AM I ELIGIBLE FOR SNAP?

To be eligible for SNAP benefits, your income (minus certain expenses) has to be under certain limits.

Some resources may also be considered when determining your eligibility. Your local SNAP worker will assist you in determining what income, expenses, and resources will be counted.

WHO ACCEPTS SNAP?

Grocery stores, some online retailers, and select farmer's markets. Some retailers even offer delivery for a small charge.

USING YOUR BENEFITS

SNAP benefits can be used to buy:

- Foods for the household to eat, such as:
 - * breads and cereals;
 - * fruits and vegetables;
 - * meats, fish, and poultry;
 - * dairy products;
- Seeds and plants which produce food for the household to eat

SNAP benefits **cannot** be used to purchase:

- Beer, wine, liquor, cigarettes, tobacco, or marijuana
- Any non-food items such as
 - * pet foods;
 - * soaps, paper products;
 - * household supplies;
- Vitamins and medicines; and
- Food to be eaten in the store or hot foods



DOUBLE-UP FOOD BUCKS

Participants in the SNAP program may receive vouchers for up to an additional \$20 in Colorado-grown fruits and vegetables. When you spend the SNAP benefits your EBT card at participating farmer's markets, those food benefits will be matched dollar for dollar to be put toward Colorado-grown fresh fruits and vegetables, up to \$20 per visit.

CAN NON-U.S. CITIZENS GET SNAP?

Only citizens and certain qualified alien non-citizens may participate in SNAP. Your local SNAP worker will assist you in determining if your non-citizen status qualifies you for SNAP benefits. If you are not eligible due to your non-citizen status, you may still apply for benefits on behalf of other eligible household members. For example, citizen children may be eligible for SNAP even if their parent(s) are ineligible due to their non-citizen status. Your non-citizen status may require specific verification requirements that your local SNAP worker will help explain to you.